



| Exploratories           | Description  | Perm | Cost |
|-------------------------|--|------|------|
| Double Ball             | Double ball is a traditional American Indian game played with two goals, a stick, and a double ball held together with leather. There will be two teams competing against each other using skill, agility, endurance, and team work to give the opposing team the most competition. Skills needed: Hand and eye coordination, team work, and strategy. | No   | \$0  |
| Field Games             | We will be playing four different field games. Games will include: Speedball, Mushball, Kickball, Ultimate Frisbee on the West Side of the Footbal Field. <b>7th Grade Only</b>  | No   | \$0  |
| Fishing, Let's Do It    | Walleye, Trout, Pike, Perch, ... learn the techniques that will net you more fish this Summer. We are headed to Giant Springs to see who can catch the "Big One"! Bring rain gear in case of rain. Bring your own fishing equipment.   | Yes  | \$5  |
| Flippin Family Fun      | Want to have some flippin fun? Students will go to Flippin Family Fun and enjoy the indoor trampoline park as well as the awesome foam pit.  | Yes  | \$15 |
| Gymnastics              | Learn to slide, tumble, and jump on the trampoline or in the foam pit!   | Yes  | \$10 |
| Hoops for Heart         | Hoops for Heart is a fundraiser to help people around the nation fight the disease. All the money collected will go directly to the American Heart Assocation. Students that sign up will get a chance to work on their basketball and teamwork skills. We will play a round robin tournament as well as games throughout the day.                     | No   | \$5  |
|                         |  |      |      |
| Manicures/ Pedicures    | Learn to do manicures (hands) and pedicures (feet), and leave with your nails painted with a "Little Ram Spirit"!  | No   | \$5  |
| Minature Golf Anyone?   | Students will go to Valley View Garden Golf for an exciting afternoon of miniature golf.   | Yes  | \$10 |
| Random Acts of Kindness | We will plant flowers in a small pots and then deliver them to houses in the EMS neighborhood. Skills needed: basic gardening skills, (transplanting flowers), and good citizenship / neighbor skills.   | No   | \$5  |
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May 29

East Middle School RAMS Exploratories 2018

| <u>Exploratories</u>            | <u>Description</u>   | <u>Perm</u> | <u>Cost</u> |
|---------------------------------|--|-------------|-------------|
| Rock Climbing                   | Smile, laugh, have fun, try your hardest, work together climbing a rock wall. Bouldering Area, Overhang Areas, Routes for all skill levels. No experience necessary! It's a GREAT workout! | Yes         | \$15        |
| Skate till you Drop             | Skate to the music at Wheels of Thunder. Bring extra money for treats!   | Yes         | \$12        |
| Swimming at the Nat             | Come and take a scenic bus trip to Morony Natatorium Pool. Here you will swim with your friends. Pizza and water will be served after returning from the Natatorium.                       | Yes         | \$10        |
| Tie your own Blanket / Bracelet | Come learn how to make a warm fleece blanket, pillowcase or throw with special ties. Continue to tie and make a friendship bracelet.   | No          | \$5         |

May 30

East Middle School RAMS Exploratories 2018

| Exploratories               | Description  | Perm      | Cost     |
|-----------------------------|--|-----------|----------|
| Apples to Apples            | <i>You can take only 1 day, NOT 2 days</i><br>Come and play the game Apples to Apples with us.   | No        | \$0      |
| B Creative Design and Décor | Students will make two mason jar projects: One to be used for flowers, pens, etc; the other one to hold coins.   | Yes       | \$30     |
| Biking for Fun              | Bring: Bike, Helmet, and Water. Helmet is Required!  | Yes       | \$0      |
| Bowling at Little's         | Come Bowl! We're off to Little's Lanes. Bring a pair of socks as they are required to bowl. Bring your bowling shoes too, if you have them. Snack are available if you'd like! So bring extra cash!  | Yes       | \$10     |
| Brush Crazy                 | How would you like to paint your way to fun? Join us for an afternoon of creative painting at the Brush Crazy painting party studio. Artist will get a canvas, paint, and an art lesson that will make you a fabulous painter. Even better, you can bring your own snacks and beverages into Brush Crazy. Come join us for an opportunity to discover your inner Michelangelo. | Yes       | \$30     |
| Card Games                  | Want to do something fun with family and friends that doesn't involve a TV, Phone, or Computer? Learn some interesting and fun card games that are easy to learn and fun to play and easy to learn.  | No        | \$0      |
| Crime Solver Super Sleuths  | Students will collect clues throughout the building and around East. Students use these clues to try and solve a crime. Participants need to be able to work independently and use higher level thinking and be able to use deductive reasoning. This crime solving business is no easy task!  | No        | \$1      |
| DIY w/ Duct Tape            | Chose from a variety of duct tape colors to make: earrings, rings, pencil roses, wallets or other fun items. Bring your own ideas and any other needed supplies besides the tape.  | No        | \$5      |
| Double Ball                 | Double ball is a traditional American Indian game played with two goals, a stick, and a double ball held together with leather. There will be two teams competing against each other using skill, agility, endurance, and team work to give the opposing team the most competition. Skills needed: Hand and eye coordination, team work, and strategy.                         | No        | \$0      |
| <i>Games - Games</i>        | <i>Come and play games with friends</i>  | <i>No</i> | <i>0</i> |
|                             |  |           |          |

| Exploratories                   | Description   | Perm | Cost |
|---------------------------------|---|------|------|
| Field Games                     | We will be playing four different field games. Games will include: Speedball, Mushball, Kickball, Ultimate Frisbee on the West Side of the Football Field. <b>8th Graders Only</b>  | No   | \$0  |
| Fishing, Let's Do It            | Walleye, Trout, Pike, Perch, ... learn the techniques that will net you more fish this Summer. We are headed to Giant Springs to see who can catch the "Big One"! Bring rain gear in case of rain. Bring your own fishing equipment.  | Yes  | \$5  |
| Flippin Family Fun              | Want to have some flippin fun? Students will go to Flippin Family Fun and enjoy the indoor trampoline park as well as the awesome foam pit.   | Yes  | \$15 |
| Gymnastics                      | Learn to slide, tumble, and jump on the trampoline or in the foam pit!  | Yes  | \$10 |
| Hoops for Heart                 | Hoops for Heart is a fundraiser to help people around the nation fight the disease. All the money collected will go directly to the American Heart Association. Students that sign up will get a chance to work on their basketball and teamwork skills. We will play a round robin tournament as well as games throughout the day. | No   | \$5  |
| Manicures/ Pedicures            | Learn to do manicures (hands) and pedicures (feet), and leave with your nails painted with a "Little Ram Spirit"!   | No   | \$5  |
| Minature Golf Anyone?           | Students will go to Valley View Garden Golf for an exciting afternoon of miniature golf.  | Yes  | \$10 |
| Random Acts of Kindness         | We will plant flowers in a small pots and then deliver them to houses in the EMS neighborhood. Skills needed: basic gardening skills, (transplanting flowers), and good citizenship & neighbor skills.  | No   | \$5  |
| Rock Climbing                   | Smile, laugh, have fun, try your hardest, work together climbing a rock wall. Bouldering Area, Overhang Areas, Routes for all skill levels. No experience necessary! It's a GREAT workout!  | Yes  | \$15 |
| Skate till you Drop             | Skate to the music at Wheels of Thunder. Bring extra money for treats!  | Yes  | \$12 |
| Tie your own Blanket / Bracelet | Come learn how to make a warm fleece blanket, pillowcase or throw with special ties. Continue to tie and make a friendship bracelet.  | No   | \$5  |

| Exploratories                            | Description   | Perm          | Cost           |
|--|---|---------------|----------------|
| Bat Club                                 | Students that were members of "Bat Club" during this school year are the only ones that can sign - up for this Exploratory. We will be completing the already started Bat House. The Bat House will be placed.  | No            | \$0            |
| Chess Tournament                         | Compete in a Swiss Style Chess Tournament sponsored by the East Middle School Chess Club.   | No            | \$0            |
| Color your 'Art out                      | Come enjoy coloring at it best. Coloring sheets, sidewalk chalk, giant murals creation, letter art, and too many more to name. Bring your won colored pencils and markers or use ours. Bring your own "adult coloring books" or use ours. Creativity and fun hours!   | No            | \$2            |
| Computer Coding                          | Students will be using Coding skills to develop computer science programs and animations.   | No            | \$0            |
| Cribbage                                 | You will learn how to play Cribbage which is a card game. On the second day we can have a Tournament.   | No            | \$0            |
| Dog Club - The Electric City Pittie Comm | Learn dog body language, positive dog interaction & dog training techniques. Learn about doggie DNA and its effects on physical characteristics. Learn dog and cat CPR! Learn about different reptiles from a former Fish, Wildlife & Parks Biologist. Students will be able to interact with the animals in class and make a tug toy for the dogs at the Great Falls Animal Shelter! Bring an unopened bag or can of dog food.   | No            | \$0            |
| Fishing, Fishing & more Fishing          | Professional Tackle Maker, Alex Ferguson, will help you learn basic knots, show how to make tackle and allow students to experiment in their own making of lures. There will also be a visit from Montana Fish Wildlife and Parks Game Warden, Kelly Friede. He will talk about the legal fishing regulations in the state and you will have a chance to ask him questions. Wednesday is Fishing Day! Bring your tackle from the day before and your pole and we will head to Giant Springs for an afternoon of fishing. The exploratory is being sponsored by the Great Falls Walleye organization. Bring rain gear in case of rain! | Yes           | \$0            |
| Friendly Fun                             | Hang out with your friends as you make colorful bracelets to give as symbols of your friendship. Add beads, choose school colors, and make a unique style all your own!   | No            | \$0            |
| <del>Games Games Games</del>             | <del>Come and play games with your friends.</del>   | <del>No</del> | <del>\$0</del> |

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|------------------------------|--|-------------|-------------|
| Line Dancing                 | Grab your friends and join us for 2 days of fun. Be the life of the party at the next social, dance, celebration or prom. We will be learning several popular line-dances like the Cupid Shuffle, Cha-Cha Slide, Electric Slide and others. This class is for beginners and those who don't have dancing experience. Bring comfy shoes and a water bottle. | Yes         | \$0         |
| Paper Relief Sculpture       | Relief sculpture is an art form that is midway between painting and sculpture in the round. It is a process in which the subject stands out or projects a surface from the background.   | No          | \$5         |
| Speech & Debate the GFHS way | Are you thinking about what can you get involved in when you attend Great Falls High School? Have you ever thought about Speech and Debate? This Exploratory will introduce you to all the speech and debate events by GFHS coaches, and competitors. Come prepared to get involved with speaking and debating!  | No          | \$0         |